

Get Out of Breath to Help End Meth

**4 or 7 Mile
Fun Run / 1
Mile Walk**

Saturday, May 5th, 2012

Lake Zorinsky
9901 JJ Pershing Dr. | Omaha NE

Raffle Prizes | Music | Entertainment

Kids Welcome

Team Spirit and Creativity Welcomed!

Entry fees:

- \$20 per individual-walk or run (12 & Under Free)
- \$29 per individual including T-Shirt (T-Shirts may not be available if registering the day of the race)
- \$70 per team (4 individuals per team)
- \$106 per team with T-Shirts (4 individuals per team)
- Donations accepted
- Scholarships available for people in recovery (for more information contact lmueting@heartlandfamilyservice.org)

Enter Zorinsky Lake from the entrance south of W. Center Road and 156th St. Once inside the park, we will have volunteers directing race participants where to register. This course is not officially certified and will not be officially timed.

For more information or to register call:

Lorelle Mueting | 712.325.5628



**Registration begins at
7:45am**
Race begins at 8:30am

To register online, please go to
www.endmeth.info

**Uniting and
empowering
communities to take
action against meth and
all substances of abuse**



Packets and T-Shirts should be picked up between 7:45 and 8:30am on race morning at the registration table.

Mail form and entry fee to:

Lorelle Mueting
Partners for Meth Prevention
515 E. Broadway
Council Bluffs | IA 51503

Phone | 712.325.5628
Fax | 712.322.6833

E-mail | lmueting@heartlandfamilyservice.org
Make checks payable to Partners for Meth Prevention

**To receive a t-shirt, please register before
April 23rd, 2011**

Name _____

Address _____

Phone _____

T-shirt Size: S M L XL

Sex _____ Age on race day _____

**I am entering this event at my own risk
and assume any and all responsibility for
injuries I may incur as a direct or indirect
result of participating in this event.**

Signature _____ Date _____

Signature of parent or guardian if under 18 years of age. _____ Date _____